

4-H SCREENING QUESTIONNAIRE

Members, Leaders & Parents/Guardians must use this questionnaire before attending a 4-H event.

Risk Assessment: Initial Screening Questions:

1. Do you, or your child, have any of the following symptoms?		
• Fever (38°C or higher) / chills	YES	NO
• New or worsening cough	YES	NO
• Feeling unwell / unusual fatigue	YES	NO
• Body / muscle / joint aches	YES	NO
• Headache	YES	NO
• Gastrointestinal symptoms (nausea, vomiting, diarrhea)	YES	NO
• Shortness of breath / difficulty breathing	YES	NO
• Sore throat	YES	NO
• Loss of smell and/or taste	YES	NO
• Runny / stuffy nose (not related to seasonal allergies, cold weather, or other known causes or existing conditions)	YES	NO
2. Have you, or your child, been told to self-isolate for any reason (e.g. travel, instructions from Public Health, etc.)?	YES	NO
3. Have you, or your child, had close contact (face-to-face contact within 2 metres) in the last 14 days with someone who has tested positive for COVID-19?	YES	NO
4. Have you, or your child, received a COVID-19 Alert exposure notification on your/their cell phone in the last 14 days? <i>If a test has been administered with a negative result, select No.</i>	YES	NO
5. If eligible, you must be double vaccinated and able to show a VaxPass to attend 4-H events.		

If you, or your child, have answered “YES” to any of the above questions, please do not attend the upcoming 4-H event, **unless symptoms fall under the exception noted below in grey**. Consult your health care provider or call 811 to determine when you can return and whether you need to be tested for COVID-19.

If you, or your child, have answered “NO” to all the above questions, you may attend the 4-H event.

Exception: If you, or your child, have on-going, existing conditions and symptoms that would not be new or unusual for that individual (e.g., chronic allergies), this alone will not require someone to stay home from a 4-H event. However, if existing symptoms become more extreme than usual or are accompanied by the onset of new symptoms, it would be important to consult with a health care provider to determine if staying home or getting a COVID test is recommended.