



COVID-19 Screening Questions

Before attending each 4-H PEI Meeting/Event/Activity, 4-H families are required to self screen by answering the following questions:

This includes:

1. Are you experiencing any of the following symptoms:

- Fever (38* or higher)/ chills
- New or worsening cough
- Feeling unwell / unusual fatigue
- Body / muscle / joint aches
- Headache
- Gastrointestinal symptoms (nausea, vomiting, diarrhea)
- Shortness of breath / difficulty breathing
- Sore throat
- Runny / stuffy nose (not related to seasonal allergies, cold weather, or other known causes or existing conditions)

2. Have you been told to self isolate for any reason (e.g. travel, instructions from Public Health, etc.)?

3. Have you had close contact (face to face contact within 2 meters) in the last 14 days with someone who has tested positive for Covid-19?

4. Have you received a Covid-19 alert exposure notification on your cell phone in the last 14 days? *If you already went for a test and got negative result, select "no."*

Answering yes to any of the above questions means the member/leader and family are not permitted to attend an event or activity.