

## Upcoming Dates

- August 11-19 4-H Exploration Centre open at OHW
- August 16 OHW: Small Animal Classes, 10am
- August 18 OHW Parade - come join the 4-H float!
- August 19 OHW: Beef Classes, 10am
- August 24 Dundas Plowing Match project drop off in Heritage Hall from 10am - 11:30am
- August 25 Deadline for Leader Survey
- August 26 Dundas: Equine, Sheep, Goat Dairy & Beef
- August 27 Dundas: Canine, Poultry, Rabbit & Cavy
- August 30 SOCIAL: Family Beach Day with sand sculptor
- August 30 Deadline for poster contest submissions
- September 1 Evangeline project drop off in 4-H Room from 10am - 12pm
- September 2 L'exposition Agricole et le festival acadien (Evangeline) 4-H Day
- September 14 Leader Appreciation Event at Red Shores  
Overall Leaders' Meeting beforehand

## More Information soon:

- Complete list of exhibition results
- 2023-2024 Member & Leader Registration
- 2023-2024 Project Documentation explanation
- Scholarship Awards
- Travel Awards
- Annual Awards: Member, Leader & Club
- 2023-2024 Provincial Projects

## Regional AGM Dates

### Western Region

Thursday, September 21st

### Central Region

Tuesday, September 26

### Eastern Region

Tuesday, October 3rd



## 4-H Canada News



 CANADA  
Jack Pemberton  
Youth Development Bursary  
**Apply Today!**  
4-h-canada.ca/bursaries

Are you a senior 4-H member who has always wanted to attend the Royal Agricultural Winter Fair (RAWF) in Toronto? Now is your chance!

Applications for the Jack Pemberton Youth Development Bursary are now open!

The successful applicant will be awarded a \$3,000 bursary: \$2,250 of the funds will be used to cover the cost of travel to and within Toronto and \$750 of the funds will go towards the recipient's post-secondary education. In memory of Mr. Pemberton, The Royal will provide general admission passes and up to three nights of accommodation (double occupancy) for the winner and a guest. A suggested itinerary of events to attend, including some VIP opportunities, will also be provided by The Royal staff, based on the interests expressed in the recipient's application.

In memory of Mr. Pemberton, The Royal will provide general admission passes and up to three nights of accommodation (double occupancy) for the winner and a guest. A suggested itinerary of events to attend, including some VIP opportunities, will also be provided by The Royal staff, based on the interests expressed in the recipient's application.

What are you waiting for? Submit your application today at:  
<https://bit.ly/3Q7ovcE>

Deadline September 15, 2023

### 4-H Canada Board of Directors 2023-2024



**David Hansen**  
Chair



**Robert Larsen**  
Vice-Chair



4-H Canada is proud to announce the election of new leadership for our Board of Directors!

4-H PEI is very proud to see 4-H Alumni, Robert Larsen, taking on the role of Vice-Chair. As a former Youth Advisory Committee member, Robert has been a fierce advocate for 4-H and our programming for over a decade. Being actively involved in 4-H at various levels, Robert's valuable insight will strengthen our strategic direction!

## Apply today for the FCC 4-H Club Fund!



Applications for the FCC 4-H Club Fund are now open!

This is your chance to receive up to \$500 in grants to be put towards funding your club activities. We've updated our application guidelines and now have NEW activities eligible for funding! Read more through the link below.

Apply by October 31 at: <https://bit.ly/2YJyWvy>

Thank you to **Farm Credit Canada** for their generous support.

## Exhibition Dates to Remember

**PEI Summer Exhibitions and 4-H go hand in hand!** We are excited to be back on the fairgrounds this summer with 4-H project displays as well as livestock classes.

Members who have completed a Home Ec or Life Skill project are invited to send a project item on the "Exhibition Circuit." The Exhibition Circuit is our term for the series of fairs (see below) that 4-H has a presence. Submitting project items is at your own risk. There are specific items that members can send and we encourage you to check the Exhibition Book or contact your 4-H specialist for details. Project items can be dropped off to the Provincial Office anytime up until July 26th. Items will be judged at each of the fairs listed below and prize money will be awarded to members who place 1-5, along with champion and reserve champion prizes. The deadline to register for livestock classes has come and gone, but it is important to let the 4-H Office know in advance if you do not plan to attend a fair that you had signed up for.

Fair >>>	Dundas	Evangeline
Project Drop off Dates	Aug 24	Sep 1
Project Drop off Times	10-12	10-12
Equine Classes	Aug 26	N/A
Beef Classes	Aug 26	N/A
Dairy Classes	Aug 26	Sep 2
Rabbit & Cavy Classes	Aug 27	Sep 2
Canine Classes	Aug 27	N/A
Poultry Classes	Aug 27	N/A

## Community Parades



Are you interested in helping 4-H this summer at local festivals and parades? If you would like to assist in organizing for a local parade, we want to hear from you! Please send an email to Lesley at [pei4hsummerstudent@gmail.com](mailto:pei4hsummerstudent@gmail.com)

### Gold Cup & Saucer Parade

Who: Any member, parent or leader who would like to be on the float

When: August 18

Those interested should email Lesley at [pei4hsummerstudent@gmail.com](mailto:pei4hsummerstudent@gmail.com)

Lesley will add you to the email list and update you with the most accurate information when it becomes available.

Don't forget to wear your 4-H colours and be ready to show off your 4-H pride!

### Dundas Parade

Who: Any member, parent or leader who would like to be on the float.. Those interested should email Lesley at [pei4hsummerstudent@gmail.com](mailto:pei4hsummerstudent@gmail.com)

When: August 26 - meet by 10:45am

Where: Across from Gary Campbell's Irving in Dundas

There will be some equine members riding in the parade with their 4-H shirts on as well!

# Flower Arrangement COMPETITION

The Eastern Region 4-H Council invites *all* 4-H members to participate in a new opportunity at the Dundas Plowing Match - enter a table bouquet for a chance to win some "Dundas Dollars" to use over the weekend.

## How to enter:

Must be an active 4-H PEI member

Create an original flower bouquet—one that would be suitable to display on a kitchen counter/table.

Bouquet should be in a sturdy container, jar, vase, etc.

If bouquet can not self stand it will not be eligible to be judged.

Oasis floral foam is permitted.

Bouquet should be viewable from all sides.

Members may use garden or wild flowers. No store-bought flowers.

Drop off your bouquet between 10am and 11:30am on Thursday, August 24th

## Prizes:

- |           |   |
|-----------|---|
| 1st place | Dundas Plowing Match T-shirt<br>Inflatables Bracelet (1 day/\$10)<br>Ice cream/cotton candy token |
| 2nd place | Inflatables Bracelet (1 day/\$10)<br>Ice cream/cotton candy token                                 |
| 3rd place | Ice cream/cotton candy token  |
| 4th place | Ice cream/cotton candy token  |
| 5th place | Ice cream/cotton candy token  |

Prizes can be retrieved from the 4-H Display Area (or directly from Katie) on Friday or Saturday.

4-H PEI EAST



CANADA  
4-H PEI



## Leader Survey



We're working on enhancing our volunteer management as part of our ongoing planning and development. This includes recruitment, retention, training, recognition, etc. To understand where we are now and see the impact of any changes we might make, we're starting an annual volunteer survey and looking for your support in providing feedback. The survey is relatively short, 7-8 minutes; all responses are confidential and provide lots of opportunities for written feedback should you wish to provide suggestions. The survey will close on **August 25th**.

We appreciate your taking a few minutes and letting us know your thoughts.



[Complete the Survey!](#)

## Leader Appreciation



Let's kick off the upcoming 4-H year with a Leader Appreciation event!

4-H is proud to host a dinner in recognition of our Volunteer Leaders and their hard work and dedication to our youth! Please join us at **Top of the Park** on September 14th at 5:45pm (races begin at 6:00pm) for an amazing buffet dinner. Have some fun watching the races and socializing with volunteers from across the Province - you deserve it! This is a free event. Pre-registration required.



[Register Here](#)

## Club Reorganization

While we are still in the heat of Exhibitions we do realize that some Clubs will soon be making a reorganization plan for the 2023-2024 Club year.

- Registration forms are not available online at this time. We will make a special announcement when they are.
- The poster shown below can be found on the website (click on the image for a direct link) and printed to help with recruitment in your community.
- Additionally, the [Basic Club Enrollment Sheet](#) has been updated and added to the website for you to print as well.
- Club Coordinators (Overall Leaders) will be notified when binders are ready



### WHAT IS 4-H?

4-H PEI is a program for all youth Clubs accepting younger members registering with a Club in a local community given the opportunity to explore a skill in the direction of a volunteer leader, while also learning about community service, agricultural awareness, public speaking skills and many other tools for positive mental, physical and social health. Members achieve success through direct participation and support from family members and volunteer leaders.



*Sign up today!*

**CONNECT WITH A 4-H CLUB IN YOUR COMMUNITY!**



The \_\_\_\_\_ Club is preparing for registration for the 2023/24 year.

Come register on \_\_\_\_\_ at \_\_\_\_\_

Time: \_\_\_\_\_ Fee: \_\_\_\_\_ Ages: \_\_\_\_\_

Contact the 4-H PEI Office for more information [www.pei4h.ca](http://www.pei4h.ca)

## Pizza Party Challenge



### BRAND NEW for 2023!

The 4-H PEI - Home Ec. Committee is excited to host an exhibition challenge for all 4-H PEI members!

Throughout the summer, staff rep for the committee, MJ, has been and will continue to keep track of member participation in both livestock and non-livestock classes at Fairs & Exhibitions across the Island.

What does this mean? Well...it means that all of the beautiful project items exhibited by 4-H members on the 2023 Exhibition Circuit will count as 1 point for your club per judged entry. Similarly, all livestock members who participate in the 4-H classes will receive 1 point towards the club total! Winners will be determined with the highest percentage of participating members and the winning clubs will be awarded pizza parties as prizes (one per region with one receiving the grand prize for overall participation).

Can't think of a better way to start off a brand new 4-H year than with a club Pizza Party to celebrate all of the hard work we see on exhibit this summer!

Thank You for participating and sharing your 4-H exhibits with the Island!

## International Exchange

### Let's go to Ireland!!

This 4-H International travel opportunity to Dublin, Ireland, will offer 4-Hers an opportunity to learn about agriculture in a different country through visiting various farms, while also doing some sightseeing and having lots of fun!



### Eligibility Criteria

- Must be currently enrolled in 4-H during the past 4-H year (2022-2023) and are also registering as a 4-H member for the 2023-2024 year.
- Members must be in good standing for the 2023-2024 4-H year.
- Must be 16 -21 years of age as of July 1, 2023.

### Dates and Details of the Program

- May 17-23, 2024 - flights begin on the 16<sup>th</sup> and leave on the 23<sup>rd</sup>
- 20 member/youth delegates and two chaperones. **One spot will be given to each province** and then additional applications for the remaining 10 spots will be picked by a selection committee.
- The program includes touring agriculture businesses and festivals in Ireland. Delegates will be staying at a host Hotel and will be following a guide developed by the International Rural Exchange.

### Costs

- Delegates will be responsible for covering their flight costs to and from Ireland. Additionally, there will be a registration fee of \$1750 CAD - see link for more details. Delegates should also be bringing some spending money in the local currency to purchase souvenirs or snacks while in Ireland.

[Details & Application](#)





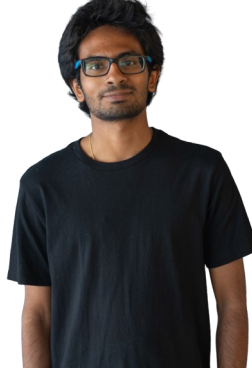
L - R: Anna Jesulaitis, Ava Johnston, Annika Trivers & Austin Potts



L - R: Brayden Curruthers, Brittany Pollock, Charlotte MacLean, Chloe Loane & Emma Macaulay



L - R: Emma Willoughby, Fiona Campbell, Grace Turner, Hayden MacGuire & Jane Larocque



L - R: Jenna Pollock, Kirsten Kouwenberg, Michael King, Molly Loane & Skye MacNeill



L - R: Sophie Campbell, Sydney Gallant, Victoria Mellish & William Sanderson

## Get to know the 4-H PEI Ambassadors!



We asked our Ambassadors the following questions:

1. What is your favourite ever 4-H project/event/activity and why?
2. What is one skill you have learned in 4-H that will serve you well in your future?
3. What is your advice to younger 4-H members?
4. In 25 years, what do you think the top 4-H projects on PEI will be?

Austin Potts, North River 4-H Club, 7 years in 4-H



My favourite 4-H Projects has to be the Market Animal Project as I get to participate in the Easter Beef Show and Sale. I also get to raise my own calf to show and get the experience of taking care of it.

A skill I've learned in 4-H is public speaking which makes it easier to present different projects for school and other activities.

My advice for younger 4H members would be to stick with it for as long as you can because it only gets more fun as you get older.

The most popular projects in 25 years hopefully will be Beef and Woodworking.

Fiona Campbell, Millview Vernon River 4-H Club, 8 years in 4-H



My favourite project is the Rabbit Project. I love always being around animals and love rabbits. Taking care of bunnies, and learning all the different breeds, body parts and diseases of the rabbit as well as learning to flip them, and learning to show is very interesting. You get to learn as well as have fun.

One skill I've learned in 4-H is how to public speak. Over the past few years I've learned to speak slower and more confident in front of an audience and will be a great skill for high school.

If I had to give a piece of advice to younger members I would say don't stick to just one or the same project every year. There are so many unique and cool projects that would help with everyday tasks, not to mention that you may love doing something you never thought you would enjoy.

In 25 years I think that the top project will be beef or dairy. I find a lot more kids are starting to get the concept of 4-H and are looking into what they can do to be a part of the program. Lots of these kids happen to be farmers or part of some sort of agricultural community. The animal projects are already very popular and I think that they will continue to grow.

Charlotte MacLaine, Cavendish 4-H Club, 6 years in 4-H



My favourite 4H project is any of the foods projects! I learned a lot of useful skills through them and I was able to be creative with the recipes.

The communications part of the 4H year has helped me strengthen my public speaking skills. Public speaking is a skill that can come in handy in many situations.

My advice to younger 4H members: use every opportunity you can!

I think that the top 4H projects in 25 years will be livestock related. Everyone who takes them seems to enjoy them and they have been consistently popular.



## Get to know the 4-H PEI Ambassadors!



Sophie Campbell, Millview Vernon River 4-H Club, 8 years in 4-H

My favourite 4-H project would be Rabbit. I started rabbit my first year of 4-H and have been doing it ever since. I love doing this project because it teaches you many different skills on how to act, handle, and communicate with your rabbit, and you can use these skills with many other animals. I also love showing them at fairs because you get to show off these skills in front of judges and other people.

One skill that I have learned throughout my 4-H experience is learning how to public speak. This will serve me well in the future because you need public speaking in all aspects of your life. You need it in school, at work, and even just being around other people.

My advice to younger 4-H members is to try to take as many different projects as you can. There are so many skills that you can learn. Also try to take at least one animal project throughout your time in 4-H because it can open so up many opportunities for you to find what you want to do in the future.

In the next 25 years I think that the top 4-H projects will be Dairy. You can make a lot of money showing and it is opportunity for people who live on dairy farms to show off their skills. I also think that the wood working project will gain members because there are a lot of members who want to become contractors, construction workers, or any other hands on job. Taking this project in 4-H lets them learn all the basics and teaches them the skills that they would need to know.

Anna Jesulatis, Albany Centennial 4-H Club, 10 years in 4-H



I would definitely say that the Equine project is my favourite. The Equine project gave me the opportunity to receive my first pony. At the age of 9 became a clover bud at the Horsin' Around 4-H Club. I was then introduced to Fran "the 4-H pony." I would spend almost every night going to see her and getting to know her and the equine world. Later in March I went out to go see Fran and I was told she was my pony the whole time. It was the best day of my life. I got to show Fran that summer is the 4-H shows.

A skill that I learned from 4-H is to be confident. I was a very shy kid growing up and 4-H helped change that. I joined 4-H to be able to take the equine project and it helped me gain confidence by being around horses. In the wild horses need a leader to help them feel safe and protected. The equine project helped me realize that I can be confident, and it then helped me in the real world.

My advice to younger members would be to take chances and take advantage of the opportunities that 4-H offers. Especially the 4-H exchange trips! I was able to attend the 4-H exchange trip to Minnedosa, Manitoba in 2018 and it was amazing! You get to see different parts of Canada and then show off our little island! I know it can be scary leaving home without your parents for the first time, but it was definitely worth the experience.

In 25 years, I hope the top project would be equine to keep the horse world alive on PEI, but it will most likely be a new project created to keep up with the younger generation. Something like a social media project where you photograph different parts of the community or do certain activities.

## Get to know the 4-H PEI Ambassadors!



Brittany Pollock, Morell & Area 4H Club, 8 years in 4-H

I have participated in a lot of different 4-H projects, but my favourite project is the Horse & Pony Project. I love horses and they have been a part of my life forever. I highly recommend the Horse & Pony Project to anyone in 4-H, you will learn so much.

4-H teaches members so many valuable skills for the future. One skill that I have learned and perfected in 4-H is my public speaking, I have gained so much confidence being in 4-H and I know that I will be able to apply all the skills I learn in 4-H in the future.

If I could give younger or new 4-H members one piece of advice it would be to keep an open mind and to try your best in everything. 4-H is a lot of fun but you need to be open to trying new things. In 25 years I think that the top 4-H projects on PEI will be the Beef Project and the Dairy Project because there has always been a lot of interest in beef and dairy on the island but I hope to see the Horse & Pony Project become more popular as it is a super fun project!



Jane Larocque, Morell & Area 4-H Club, 5 years in 4-H

I really enjoyed the Photography Project because I like capturing beautiful things in a picture so that other people can see them as well.

I think as I get older public speaking will help me in my future.

If I could say one thing to younger members it would be just stick with the program. The more years you have under your belt the more opportunities that will come your way that you will be able to take advantage of. Not to mention all the great people you'll meet!

I think the animal projects such as horse and pony, and dairy and beef will continue to be a huge part of 4-H in 25 years.



Annika Trivers, Cavendish 4-H Club, 8 years in 4-H

My favourite ever 4-H project was knitting because it got me into other crafting hobbies like crocheting and sewing, and is an amazing way to be creative. Being able to attend national 4-H events, where I have met friends from across Canada, and learned leadership and collaboration skills are also some of my favourite experiences.

A skill that I've learned through 4-H that serves me currently and will continue to in the future is public speaking. I also currently work in a bakery, so having taken cake decorating has let me use that skill in a professional setting.

My advice to younger 4-H members is to get involved with as much as you can, don't be afraid to put your ideas and opinions forward in meetings and that doing projects and activities with friends, and meeting new ones along the way can make them even more fun!

In 25 years I think that the dairy and other livestock projects will continue to be popular, but we'll also see more projects to do with technology, engineering and creative thinking.

## Get to know the 4-H PEI Ambassadors!



Victoria Mellish, Summerville 4-H Club, 9 years in 4-H

My favorite 4-H event in my entire 4-H career would have to be the junior sleep away camp I attended when I was 11. On the first day I made fast friends with all my cabin mates, some of whom I still talk to every now and again. The activities during the day such as archery, 4-H games and water dodgeball, were so much fun. I especially enjoyed the evening when we had to use random kitchen utensils and beach toys to eat our pasta. It's been 5 years since then and it's still one of the many highlights!

One skill that 4-H has taught me that will serve me well in my future is my public speaking skills.

Whether it be a presentation at school, at my future job, or at a meeting I can confidently say "I'm ready for it". The annual 4-H communications competition has greatly improved my public speaking and presenting skills, which I know will benefit me in my future.

Do as many 4-H activities as you can and try as many projects as you'd like. You meet so many new people with common interests through 4-H projects, events, and exhibitions - you're sure to make new friends everywhere. By doing 4-H projects and attending events you develop so many valuable skills such as baking, gardening, and caring for livestock that will help you now and later on in life. 4-H presents so many wonderful opportunities to its members, so why not make the most of it?

In 25 years, I think the sustainable living project, as well as the science and technology projects, will be the top projects on PEI. In a world where climate change is becoming increasingly more prevalent and problematic, people are taking a greater interest in taking care of our planet.



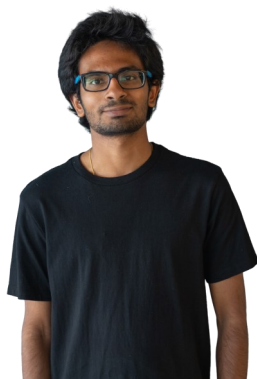
William Sanderson, North River 4-H Club, 5 years in 4-H

My favorite activity was probably the Senior's Conference in June because it wasn't just the same people from here. There were people from all over the Maritimes.

One skill that 4-H has taught me is public speaking. It will help in the future by making me more comfortable speaking in front of large groups or even job interviews.

Do more than just the bare minimum. Do some of the events in the summer or extra stuff to help your club.

In 25 years, I think some kind of computer programming project will be popular and maybe flying pigs or cows on the moon.



Michael King, Wheatley River 4-H Club, 4 years in 4-H

My favourite 4-H project was Black Smithing as I challenged myself to complete a project that was completely new to me.

One life long skill that 4-H taught me is Sewing. I was taught how to sew a shirt, buttons and a pair of pajama pants.

I would advise younger members to take up projects that are new and that are challenging as they can learn new skills and expand their comfort zones.

In 25 years I believe that the top 4-H projects will be dairy, beef and equine.

## Get to know the 4-H PEI Ambassadors!



Grace Turner, Wheatley River 4-H Club, 8 years in 4-H

My favourite 4-H project would have to be my most recent photography project as I took most of the photos with friends on my school's Europe trip with a brand new camera I had gotten for Christmas. Without my project and the prompts that came along with it, I don't believe I would have captured such amazing memories to keep forever.

Without a doubt my sewing projects have given me my most beneficial skill I've learned through 4-H! I've already used it on multiple occasions to hem pant and skirts, repair clothes I've owned for a while and even sewn gifts for people!

A good piece of advice I was once given by my mother who used to be a 4-Her; everyone dreads their communication project, especially in their first year but learning how to speak in front of people and how to formulate a speech/demonstration is a skill that will benefit you for years to come. To this day I get teachers who are able to pick me out of a crowd and tell me my public speaking is impressive and I get to tell them each time that it was because of 4-H!

Personally, I don't think we even have the top project yet. With 4-H always adding projects each year, I think the top project is yet to be invented. Close to the top though would be the sewing and both the beef and dairy projects. Sewing will remain a useful skill to learn therefore maintaining its popularity and both beef and dairy are a pretty huge part of what 4-H is known for because of exhibitions, making it an easy pick for first time members

Jenna Pollock, Morell & Area 4-H Club, 8 years in 4-H



My favourite 4H projects are equine and canine. Showing equine at exhibitions is a lot of fun and I have learned new things about showmanship and horsemanship along the way. As for canine, I get to try new things with my dog and I enjoy all the fun activities we do that lead up to Achievement Day.

I have learned about the proper way to run meetings in 4H and I am sure that this knowledge will prove useful in the future. We have monthly meetings that have taught me a lot about how a meeting should be run.

I advise younger 4H members to not be afraid to step outside of their comfort zones and try new things. They will learn so much and have tons of fun!

In 25 years I think that the top 4H projects will be dairy, beef, and rabbit. I think this because there is already a lot of interest in these projects and over time I think this interest will continue to grow.

Kirsten Kouwenberg, Millview Vernon River 4-H Club, 12 years in 4-H

My favourite 4-H project was pottery because it was something that I probably would have never tried if it wasn't for this project. It was a lot of fun and allowed me to be as v creative as I wanted to be.

Through required 4-H communications every year I am now a much better public speaker and this will help with interviews etc in the future.

To younger 4-H members, I'd advise them to embrace every opportunity wether that be in trips, scholarships, projects, events etc. to learn and to make new friends.

Renewable energy and robotics



## Get to know the 4-H PEI Ambassadors!



Skye MacNeill, Summerville 4-H Club, 8 years in 4-H

My favourite event I've attended as a 4-H member was the Citizenship Congress 2023 trip! I learned practical skills for jobs, networked with MP's and got to experience debating in the senate!

One skill I've learned through 4-H is the way to communicate clearly. Having the skill to communicate ideas and opinions clearly is essential.

My advice to younger 4H members is to seek off island opportunities that 4-H provides!

In 25 years I believe the top 4-H projects will be Beef, Woodworking and Sewing!



Ava Johnston, Grand River 4-H Club, 9 years in 4-H

What is your favourite ever 4-H project/event/activity and why? My favourite 4-H event/activity would be any conference or camp that I have ever done with 4-H pei. I enjoy the opportunity to experience new things and meet new people.

What is one skill you have learned in 4-H that will serve you well in your future? One skill that I have learned in 4-H that will serve me well in the future is how to speak in front of large crowds, and how to talk to people you don't know.

What is your advice to younger 4-H members? My advice to younger members is to try everything you can in 4-H, don't be afraid to try something you know nothing about.

In 25 years, what do you think the top 4-H projects on PEI will be? In 25 years I think the top 4-H project will be cattle showing. (Or at least I hope it is)

## Frisco's Summer Bucket List



### Congratulations to July's Early Bird Winner

#### Visser Family, Millview Vernon River 4-H Club

Here's hoping that you and Frisco are having lots of fun so far this summer! Don't forget to submit your photos by the end of the month for the early-bird prize!

Draws will be completed at the end of July and August, as well as a final draw at the end of summer to complete the challenge! For each photo you submit you get one ballot to be entered to win cash prizes. You must submit your photos to Lesley at [pei4hsummerstudent@gmail.com](mailto:pei4hsummerstudent@gmail.com) for your ballot/s to be added to the box. Please do not send photo collages; send photos separately.

Don't forget to share on social media with the hashtags [#funwithfrisco](#) and [#4hpei](#)



## Annual Poster Contest

### Poster Categories

- **Hand Drawn Entries**  
Must be hand drawn using lead or charcoal pencils or coloured pencils on a 8.5" x 11" piece of cardstock or bristol board
- **Hand Painted or Pastel Entries**  
Must be hand painted (acrylic or watercolour) or pastel drawn on a 8.5" x 11" piece of cardstock or bristol board
- **Computer Generated**  
Must be computer generated. Final piece must be mounted on a 8.5" x 11" piece of cardstock or bristol board

### Rules

- See flyer for a full list of rules
- Must be a current registered 4-H members to enter.
- Deadline for entries is August 30, 2023
- Top entries will be published in the 4-H PEI Year End Review document

### Prizes

Prizes in each of three categories and in each age category:

- Cloverbud/Junior Ages 6-11
- Intermediate Ages 12-14
- Senior Ages 15-21

1<sup>st</sup> \$75    2<sup>nd</sup> \$50    3<sup>rd</sup> \$25

### Theme for the 2023 Poster contest

- My Favourite Part of being a 4-Her